

Join us by participating in:



Therapeutic programming in art, music, and dance

End-of-season performance & art exhibit



Summer Family Fun Days



Connecting with one another to create a more inclusive community for everyone



Opelika Sportsplex

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CITY OF
OPELIKA
PARKS AND RECREATION



AUBURN
LIBERAL ARTS

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Auburn University is an equal opportunity educational institution/employer.



A Fine Arts Program for youth with special needs since 2010.



Sponsored by:

The Opelika Sportsplex & The Social Work Program at Auburn University



AUBURN
SOCIAL WORK

Explore Interests ∞ ∞ ∞ ∞ Have Fun ∞ ∞ ∞ ∞ Make Friends



Program Schedule

5:20-5:40 Arrivals and Greetings

Class selection

Coach & Participant Matching

Community Time

5:40-6:10 Session A: Art, Music, or Dance

6:10-6:20 Transition

6:20-6:50 Session B: Art, Music, or Dance

6:50-7:00 Prepare for departure



“True belonging doesn’t require us to change who we are. It requires us to be who we are.”

Brené Brown

Expressions of a BraveHeart is a Fine Arts Program for teens and young adults (ages 11-21) with developmental disabilities facing moderate to severe life challenges. Classes offered include art, music, and dance.

Where: The Opelika Sportsplex

When: 5:30 pm– 7:00 pm, two Mondays each month during Fall and Spring

How: Each class is led by 2 teachers; at least 1 teacher has experience working with special needs youth.

Why: To find new interests and passions, to connect more meaningfully and widen social groups, and to practice inclusion and encourage diversity.

Each participant is matched with 1-3 Auburn student volunteers who serve as individual coaches/buddies during all activities.

Each Spring, a final performance and art exhibit are held to celebrate the talents and hard work of participants.