The Alabama Psychiatric Medication Review Team is made up of three behavior analysts, a child and adolescent psychiatrist, and a psychiatric nurse practitioner, to serve the behavioral and medication needs of children and youth in the foster care system of Alabama. The APMRT’s main goal is to decrease the use of psychotropic medication of Alabama’s foster youth by training caregivers to implement behavioral management strategies.

**FEATS FOR FOSTER CARE**

**REFERRALS**

Children (ages 2-20) in the foster care system can be referred for services for the following reasons:

- Hitting
- Kicking
- Screaming/crying
- Hair pulling
- Biting
- Destroying property
- Toileting issues
- Spitting
- Cursing
- Hoarding
- Disrespectful behavior
- Lack of self-care and/or chore skills
- Autism Spectrum Disorder
- Intellectual & developmental delays
- And more!

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Family Engagement and Training Services (FEATS) is provided by the Alabama Psychiatric Medication Review Team (APMRT) - a collaboration between Auburn University & the Department of Human Resources (DHR) of Alabama.
Referrals can be made by the caregiver, case worker, or DHR staff for children (ages 2-20) who are currently in the foster care system. Children can be referred if they are currently prescribed medication for behavior and/or exhibit problematic behaviors (listed on the back page of this brochure).

Please include the following information when making a referral:

• Child's name, DOB, diagnosis, and problem behaviors
• Caregiver(s) name, address, and contact phone number(s)
• Case worker name, email, and phone number

Referrals can be made via phone, fax, or email to the APMRT (contact information located on back of brochure).

CLASS SEQUENCE

Parent training, offered in a three class sequence with in-home visits for each class, is intended for caregivers of the foster care system of Alabama with children who have a history of problem behavior, trauma, or who are taking prescription medications for behavior. **A minimum of 10 Foster Parent Training Credits will be earned for participating in this class sequence.**

CLASS 1: SELF-CARE SKILLS 2 CREDITS

In this two hour class, caregivers will learn: 1) how abuse, neglect, and trauma can affect a child; 2) how to communicate with the child using empathy; 3) what a self-care task is; 4) how problem behavior can interfere with completion of self-care tasks; 5) how to address self-care tasks using different intervention strategies; and 6) how to use the intervention with the child.

CLASS 2: CHORE SKILLS 2 CREDITS

In this two hour class, caregivers will learn: 1) how abuse, neglect, and trauma relates to deficits with chores; 2) what a chore task is; 3) what are appropriate chores for each age group; 4) how problem behavior can interfere with completion of chore tasks; 5) how to address chore skill deficits using different intervention strategies tailored to each child; and 6) how to use the strategy with the child.

CLASS 3: MEDICATION ADVOCACY 2 CREDITS

In this two hour class, caregivers will learn: 1) the myths of common medication beliefs; 2) the correct way to store medication; 3) how to advocate for the child regarding medication; 4) common side effects of medications; 5) how to have an effective appointment with the prescribing physician; and 6) will identify important questions to ask the physician at your next appointment.